



Summer Holiday Programme 2026



We are delighted to announce the **Rubicon Dance Summer School** programme for 2026. We believe everyone should have the opportunity to dance so our programme has a range of offers for people of diverse ages and abilities – **check out all of the groups on the following pages.**

We will help you to unlock your self-expression, discover your potential, and feel motivated and connected to the world through the magic of dance. Some of our summer groups will also have the chance to perform at local community events alongside other partner organisations.

To **book your space** as soon as possible, or to ask any questions, email us at **info@rubicondance.co.uk** or phone **029 2049 1477**.



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Dance for children aged 7 to 11

Movement, creativity and joy



We'll spend these 5 sessions discovering dance through talking, watching and taking part - and combining what we have learnt by spending our afternoons creating a new, exciting collaborative dance piece. Participants will receive a certificate to celebrate their achievement. Families will be invited to watch us perform at the end of the week.

Dates and times: Monday 3rd August to Friday 7th August – 9:30am to 3:30pm

Exploration and Creation for Young People aged 12 to 18

Explore a variety of different dance styles and create a new performance piece to perform at local community events.

Take part in class each morning developing different techniques showing the breadth and scope of dance.

Then, in the afternoons we will create a new performance piece, which will be performed at local community events – details to follow.

This will be an exciting opportunity to showcase the performance we have created to the public, and to be part of an exciting day full of lots of other activities and performances.

A great opportunity for anyone who is thinking of pursuing dance in their future!



Dates and times:

Activity Week

Monday 20th July to Thursday 23rd July – 10:00am to 4:00pm

Rehearsal

Friday 28th August – 3:30pm to 5:00pm

Performance Day/s

Saturday 29th August and Sunday 30th August – details to follow

Please note: Participants must be available for all listed dates

Dance for Older Adults

Have fun trying out a variety of different dance styles!



Our summer programme for older adults is an opportunity to try something a bit different. We'll be running two separate days featuring taster sessions in different dance styles.

Mornings will be lively and fun, with the afternoons feeling a bit more relaxed, and also with plenty of time to chat and socialise.

Dates and times

Taster Day 1 Thursday 30th July – 10:30am to 2:30pm

Taster Day 2 Thursday 6th August – 10:30am to 2:30pm

Please note: these sessions are aimed at participants who are aged 55+

Twmpath

A traditional Welsh folk dance event for all ages and abilities



Returning by popular demand, a traditional Welsh Twmpath! A Twmpath is a traditional Welsh folk dance event, similar to a ceilidh. No experience necessary, our live musicians will call out all the instructions for the dances. Open to all ages and abilities (children must be accompanied by a parent or guardian). Expect plenty of laughs and smiles!

Date and time

Sunday 2nd August – 3:00pm – 4:30pm

Performance: Nu Wave at Butetown Carnival

See our vibrant older adults performance group in action!



Nu Wave, Rubicon's vibrant performance group for adults aged 50+, will take to the stage at this year's Butetown Carnival with their signature energy and spirit. Known for their commitment, creativity and love of movement, the group brings together dancers of all experience levels to celebrate community through performance. Their appearance at the Carnival promises uplifting choreography, joyful expression and a powerful reminder that dance belongs to every body, at every age.

Date and time

Sunday 30th August

Parade start

12:00, Loudoun Square, Bute Street, Cardiff

Performance

Afternoon (time TBC), near Pierhead Building.

If you would like to be notified when the performance time is confirmed, contact info@rubicondance.co.uk or phone **029 2049 1477**.

Pricing

As a charity, Rubicon believes that everyone deserves the opportunity to participate in joyful, creative dance activity, no matter their access needs or financial background. For that reason, **all of our summer programme activities are 'Pay What You Can'. This means that there is a suggested standard price, but we invite you to pay as little (or as much!) as you're able.** So if you can't afford the standard price, you're still welcome to attend, just let us know how much you'd like to contribute if you're able to do so.

If you'd like to go a step further and contribute more to the work that Rubicon does, we also have a 'pay it forward' price level. Booking your place at this level helps to ensure that we can continue to make dance available and accessible for everyone, no matter their background.

To **book your space** as soon as possible, or to ask any questions, email us at info@rubicondance.co.uk or phone **029 2049 1477**.

Activity	Pricing Levels	
Dance for Children aged 7-11	Standard	£37.50
	Pay it forward	£75.00
Exploration and Creation for Young People aged 12 - 18	Standard	£50.00
	Pay it forward	£100.00
Dance for Older Adults	Standard (per day)	£10.00
	Pay it forward (per day)	£20.00
Twmpath	Standard	£10.00
	Pay it Forward	£20.00

Volunteer Opportunities

Help support our activities during the 2026 Summer Holiday Programme

We are looking for a few people to join us as volunteers supporting our Summer Programme activity. Tasks may include joining in with sessions, helping with admin and logistics, learning from our experienced Dance Leaders and acting as role models for the younger participants.

There are lots of great reasons to volunteer, including:

- Developing new skills and confidence
- Meeting new people
- Giving something back to the community

If you're interested in getting involved, please get in touch with us at info@rubicondance.co.uk or phone **029 2049 1477**.



Summer Holiday Programme Calendar 2026

20 July to 26 July						
Mon	Tue	Wed	Thurs	Fri	Sat	Sun
Exploration and Creation – Young people aged 12 to 18 10:00am – 4:00pm						

27 July to 9 August						
Mon	Tue	Wed	Thurs	Fri	Sat	Sun
			Older Adults 10:30am – 2:30pm			Twmpath 3:00pm – 4:30pm

3 August to 9 August						
Mon	Tue	Wed	Thurs	Fri	Sat	Sun
Dance for Children aged 7 to 11 9:30am – 3:30pm						
			Older Adults 10:30am – 2:30pm			

10 August to 23 August						
Mon	Tue	Wed	Thurs	Fri	Sat	Sun
Break						

24 August to 30 August						
Mon	Tue	Wed	Thurs	Fri	Sat	Sun
				Young People 12 to 18 3:30pm - 5:00pm	Young People 12 to 18 Performance time TBC	Young People 12 to 18 Performance time TBC
						NuWave Performance time TBC